

# SENIOR DEPARTMENT SPRING MENU WEEK ONE

## MONDAY

Soup of the Day  
Freshly Baked Bread

Sweet & Sour Chicken  
Pieces

Steamed Rice

Prawn Crackers

Crispy Seaweed

Spring Vegetable Tart

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Strawberry Cheesecake

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

Premium Pork Sausages

Creamy Mashed Potato

Rich Onion Gravy

Steamed Peas & Sweetcorn

Falafel with Vegetables &  
Pitta Pockets

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Chip Sponge Cake

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Fajitas

Mildly Spiced Chicken Strips

Peppers & Onions

Guacamole & Sour Cream

Jalapenos & Salsa

Grated Cheese

Bean & Sweet Potato Pie

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Rice Pudding

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Spaghetti Pasta

Fresh Basil & Tomato Sauce

Pesto Pasta

Beef Ragu & Orzo

Cauliflower Mac N Cheese

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Apple & Cinnamon Crumble  
With Custard

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

MSC Battered Haddock,  
Fish Fingers or Plaice  
Goujons

Spring Lamb Stew

Chips & Baked Beans

Mushy Peas & Steamed  
Vegetables

Roast Celeriac Risotto

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Chip Cookies

Fresh Fruit  
Fresh Yoghurt of the Day

*We have a strict no nuts policy, however some products may be produced on lines that use nuts. For further information on specific allergens please contact the Catering Manager*

# SENIOR DEPARTMENT SPRING MENU WEEK TWO

## MONDAY

Soup of the Day  
Freshly Baked Bread

Chilli con Carne

Steamed Rice

Sour Cream & Grated  
Cheddar

Mushroom Wellington &  
Steamed Vegetables

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Mousse

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

Wood Fired Pizza

Margherita

Pepperoni

Spicy Vegetables

Vegetarian Chilli with  
Steamed Rice

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Banoffee Pie

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Slow Roast Shoulder of  
Spring Lamb

Roast Potatoes

Rosemary Gravy

Many Steamed Seasonal  
Vegetables

Vegetable Kebabs with  
Sweet Chilli Dipping Sauce

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Rice Crispie Cake

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Conchiglie Pasta

Fresh Basil & Tomato Sauce

Pesto Pasta

Pea & Ham Carbonara

Spring Vegetable Casserole  
with Herb Dumplings

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Hot Cross Bun Bread &  
Butter Pudding

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

MSC Battered Haddock,  
Fish Fingers or Plaice  
Goujons

Thai Salmon Parcels

Chips & Baked Beans

Mushy Peas & Steamed  
Vegetables

Quorn Sausage Toad in the  
Hole

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Mixed Iced Doughnuts

Fresh Fruit  
Fresh Yoghurt of the Day

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# SENIOR DEPARTMENT SPRING MENU WEEK THREE

## MONDAY

Soup of the Day  
Freshly Baked Bread

Creamy Chicken Korma

Steamed Rice

Mini Poppadum

Garlic Naan Bread

Roast Vegetable Frittata

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Shortbread

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

Degrees of Piri Piri Chicken  
Drumsticks

Sweet Potato Fries

Spring Slaw

Spring Onion & Cheddar  
Quiche

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Jam Sponge Cake

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Soft Baps with a choice of  
Fillings

BBQ Pulled Pork

BLT

Sautéed New Potatoes

Corn on the Cob

Vegetable Jalfrezi & Rice

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Jelly

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Penne Pasta

Fresh Tomato & Basil Sauce

Pesto Pasta

Chicken & Mushroom Pasta  
Bake

Enchiladas

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Belgian Waffles

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

MSC Battered Haddock,  
Fish Fingers or Plaice  
Goujons

Creamy Chicken &  
Asparagus Pie

Chips & Baked Beans

Mushy Peas & Steamed  
Vegetables

Stuffed Mushrooms

Jacket Potato

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Brownies

Fresh Fruit  
Fresh Yoghurt of the Day

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