

# SENIOR DEPARTMENT SUMMER MENU WEEK ONE

## MONDAY

Soup of the Day  
Freshly Baked Bread

### Meat Free Monday

Macaroni Cheese  
Broccoli Mac N Cheese  
Roasted Cauliflower  
Mac N Cheese

Enchiladas

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Strawberry Mousse

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

Fish Cakes  
Tartare Sauce  
Roast New Potatoes  
Rainbow Slaw

Vegetable Korma &  
Steamed Rice

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Topped Rice  
Crispie Cake

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Fill Your Own Baguette  
Warm Shredded Chicken  
BLT  
Many Salad Bar Fillings  
Sliced Potatoes

Lentil Shepherds Pie

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Fruit Salad

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Spaghetti Pasta  
Fresh Basil & Tomato Sauce  
Pesto Pasta  
Pork Meatballs in a Roast  
Pepper Sauce

Wild Rice Stuffed Peppers

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Jelly

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

Battered Haddock, Cod Fish  
Fingers or Plaice Goujons  
Oriental Roast Pork Loin  
Chips & Baked Beans  
Mushy Peas & Steamed  
Vegetables

Pumpkin Tortellini in a  
Creamy Cheese Sauce

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Brownies

Fresh Fruit  
Fresh Yoghurt of the Day

*We have a strict no nuts policy, however some products may be produced on lines that use nuts. For further information on specific allergens please contact the Catering Manager*

# SENIOR DEPARTMENT SUMMER MENU WEEK TWO

## MONDAY

Soup of the Day  
Freshly Baked Bread

### Meat Free Monday

Vegetable Korma  
Steamed Basmati Rice  
Poppadum  
Naan Bread

Roasted Vegetable Tarts

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Mixed Doughnuts

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

Oven Baked Pork Sausages

Many Roast Vegetables  
Creamy Mashed Potato  
Gravy

Sundried Tomato Stuffed  
Mushrooms

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Chip Sponge

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Tortilla Wraps

Plain Chicken  
Onion & Pepper Fajita  
Guacamole & Sour Cream  
Salsa & Jalapenos

Courgette & Orzo Bake

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Berry Smoothie

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Conchiglie Pasta

Fresh Basil & Tomato Sauce  
Pesto Pasta  
Chicken & Bacon Carbonara

Asparagus Feuilletes

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Banoffee Pie

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

Battered Haddock, Cod Fish  
Fingers or Plaice Goujons

Savoury Mince & Potato  
Wedges

Chips & Baked Beans

Mushy Peas & Steamed  
Vegetables

Many Veg Frittata

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Ice Cream Selection

Fresh Fruit  
Fresh Yoghurt of the Day

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# SENIOR DEPARTMENT SUMMER MENU WEEK THREE

## MONDAY

Soup of the Day  
Freshly Baked Bread

### Meat Free Monday

Spinach & Ricotta  
Cannelloni

Many Steamed Vegetables

Vegetable Cobbler

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Rice Pudding

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

BBq Chicken Pieces

Peas & Sweetcorn

Steamed New Potatoes

Cherry Tomato Quiche

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Banana Cake

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Hot Dog Sausages in a Soft  
White Finger Roll

Caramelised Onions

Mini Potato Waffles

Baked Beans

Spanish Stew

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Strawberry Trifle

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Penne Pasta

Gremolata Prawns

Fresh Tomato & Basil Sauce

Pesto Pasta

Portobello Veggie Burger

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Blueberry Cheesecake

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

Battered Haddock, Cod Fish  
Fingers or Plaice Goujons

Chilli con Carne & Steamed  
Rice

Chips & Baked Beans (V)

Mushy Peas & Steamed  
Vegetables (V)

Wild Mushroom Risotto

Jacket Potato

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Chip Cookies

Fresh Fruit  
Fresh Yoghurt of the Day

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