

# JUNIOR DEPARTMENT SUMMER MENU WEEK ONE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Morning Break Snack of Fresh Fruit, Vegetable Crudités & Milk  
 Soup of the Day & Freshly Baked Bread Available Daily

### Meat Free Monday

Beef Meatballs

Picnic Day

Spaghetti Pasta

Battered Haddock or Cod  
 Fish Fingers

Macaroni Cheese

Tomato Sauce on the Side

A Choice of Sandwich  
 Fillings

Fresh Basil & Tomato Sauce

Oriental Roast Pork Loin

Broccoli Mac N Cheese

Steamed Rice

Crisps

Pesto Pasta

Chips & Baked Beans (V)

Vegetable Crudités

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Steamed Vegetables (V)

Enchiladas

Vegetable Korma &  
 Steamed Rice

Lentil Shepherds Pie

Wild Rice Stuffed Peppers

Pumpkin Tortellini in a  
 Creamy Cheese Sauce

Jacket Potatoes, Salads & Mixed Proteins Are Available Daily

Strawberry Mousse

Chocolate Topped Rice  
 Crispie Cake

Fruit Salad

Jelly

Chocolate Brownies

Freshly Made Yoghurt, Fruit Salad Pots & Whole Fruit Pieces Available Daily

*We have a strict no nuts policy, however some products may be produced on lines that use nuts. For further information on specific allergens please contact the Catering Manager*

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Morning Break Snack of Fresh Fruit, Vegetable Crudités & Milk  
 Soup of the Day & Freshly Baked Bread Available Daily

### Meat Free Monday

Jacket Potatoes  
 Baked Beans Topping  
 Cheese Topping  
 Vegetable Crudités

Oven Baked Pork Sausages  
 Many Roast Vegetables  
 Creamy Mashed Potato  
 Gravy

Tortilla Wraps  
 Plain Chicken  
 Crudités  
 Guacamole & Sour Cream  
 Salsa & Jalapenos

Conchiglie Pasta  
 Fresh Basil & Tomato Sauce  
 Pesto Pasta  
 Vegetable Crudités

Battered Haddock or Cod  
 Fish Fingers  
 Savoury Mince & Potato  
 Wedges  
 Chips & Baked Beans (V)  
 Steamed Vegetables (V)

Roasted Vegetable Tarts

Sundried Tomato Stuffed  
 Mushrooms

Courgette & Orzo Bake

Asparagus Feuilletés

Many Veg Frittata

Jacket Potatoes, Salads & Mixed Proteins Are Available Daily

Mixed Doughnuts

Chocolate Chip Sponge  
 Cake

Berry Smoothie

Banoffee Pie

Ice Cream Selection

Freshly Made Yoghurt, Fruit Salad Pots & Whole Fruit Pieces Available Daily

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## FRIDAY

Morning Break Snack of Fresh Fruit, Vegetable Crudités & Milk  
Soup of the Day & Freshly Baked Bread Available Daily

### Meat Free Monday

Spinach & Ricotta  
Cannelloni

Many Steamed Vegetables

Vegetable Cobbler

Rice Pudding

BBq Chicken Wings

Peas & Sweetcorn

Steamed New Potatoes

Cherry Tomato Quiche

Banana Cake

Hot Dog Sausages in a Soft  
White Finger Roll

Caramelised Onions

Mini Potato Waffles

Baked Beans

Spanish Stew

Strawberry Trifle

Penne Pasta

Fresh Tomato & Basil Sauce

Pesto Pasta

Vegetable Crudités

Portobello Veggie Burger

Blueberry Cheesecake

Battered Haddock or Cod  
Fish Fingers

Chilli con Carne & Steamed  
Rice

Chips & Baked Beans (V)

Steamed Vegetables (V)

Wild Mushroom Risotto

Chocolate Chip Cookies

Jacket Potatoes, Salads & Mixed Proteins Are Available Daily

Freshly Made Yoghurt, Fruit Salad Pots & Whole Fruit Pieces Available Daily

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