

# SENIOR DEPARTMENT SPRING MENU WEEK ONE

## MONDAY

Soup of the Day  
Freshly Baked Bread

Indian Butter Chicken

Steamed Basmati Rice

Naan Bread

Poppadum

Indian Spiced Greens

Pepper & Cheddar Stuffed  
Jackets (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Black Forest Trifle

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

Thai Beef Stew

Rice Noodles

Stir Fried Mixed Vegetables

Gnocchi with Mushrooms &  
Blue Cheese (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Pineapple, Mango &  
Coconut Fool

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Fill Your Own Baguette

Warm Shredded Chicken

BLT

Many Salad Bar Fillings

Sliced Potato

Battered Carrot

Mushroom Wellington (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Syrup Sponge & Custard

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Penne Pasta

Fresh Basil & Tomato Sauce

Pesto Pasta

Chicken & Green Bean  
Pesto Pasta

Pea & Broadbean  
Shakshuka (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Banana Toffee Tart

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

Battered Haddock, Cod Fish  
Fingers or Plaice Goujons

Steak & Onion Puff Pie

Chips & Baked Beans

Mushy Peas & Steamed  
Vegetables

Pearl Barley, Parsnip & Sage  
Risotto (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Choc Chip Cookies

Fresh Fruit  
Fresh Yoghurt of the Day

*We have a strict no nuts policy, however some products may be produced on lines that use nuts. For further information on specific allergens please contact the Catering Manager*

# SENIOR DEPARTMENT SPRING MENU WEEK TWO

## MONDAY

Soup of the Day  
Freshly Baked Bread

Sweet & Sour Chicken

Beef in Black Bean Sauce

Chow Mein Noodles

Prawn Crackers

Stir Fried Chinese Greens

Wild Rice Strudel (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Golden Crispy Cake

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

Charred Jerk Marinated  
Pork

Jerk Sauce

Rice & Peas

Spiced Sweet Potato

Chilli con Veggie (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Fresh Fruit Salad

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Seasoned Beef Burger in a  
Floury Bap

Burger Relish & Gherkins

Lettuce & Tomatoes

Potato Wedges

Spring Slaw

Yaki Udon (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Sponge &  
Chocolate Sauce

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Linguine Pasta

Fresh Basil & Tomato Sauce

Pesto Pasta

Ham, Leek & Mushroom  
Sauce

Stuffed Mushrooms (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Lemon Baked Cheesecake

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

Battered Haddock, Cod Fish  
Fingers or Plaice Goujons

Chilli con Carne with  
Steamed Rice

Chips & Baked Beans

Mushy Peas & Steamed  
Vegetables

Re Fried Bean Quesadillas  
(V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Individual Ice Cream  
Selection

Fresh Fruit  
Fresh Yoghurt of the Day

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# SENIOR DEPARTMENT SPRING MENU WEEK THREE

## MONDAY

Soup of the Day  
Freshly Baked Bread

Piri Piri Marinated Chicken  
Drumsticks

Mild, Medium or Hot!

Sweet Potato Fries

Corn on the Cob

Mushroom Stroganoff with  
Steamed Rice (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Millionaire Bars

Fresh Fruit  
Fresh Yoghurt of the Day

## TUESDAY

Soup of the Day  
Freshly Baked Bread

Panko Breaded Chicken  
Goujons

Steamed Peas

New Potatoes

Gluten Free Lentil Lasagne  
(V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Berry Eton Mess

Fresh Fruit  
Fresh Yoghurt of the Day

## WEDNESDAY

Soup of the Day  
Freshly Baked Bread

Wood Fired Pizza

Margherita

Pepperoni

Spicy Vegetables

Quorn Sausage Casserole  
with Mashed Potato (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Sunshine Smoothie

Fresh Fruit  
Fresh Yoghurt of the Day

## THURSDAY

Soup of the Day  
Freshly Baked Bread

Fusilli Pasta

Fresh Tomato & Basil Sauce

Pesto Pasta

Spicy Sausage Sauce

Creamy 'Chicken' &  
Mushroom Pie (V)

Jacket Potatoes

Daily Selection of Prepared  
Salads & Cold Meats

Chocolate Ripple Sponge  
with Cream

Fresh Fruit  
Fresh Yoghurt of the Day

## FRIDAY

Soup of the Day  
Freshly Baked Bread

Battered Haddock, Cod Fish  
Fingers or Plaice Goujons

Shepherd's Pie

Chips & Baked Beans (V)

Mushy Peas & Steamed  
Vegetables (V)

Masala Frittata (V)

Jacket Potato

Daily Selection of Prepared  
Salads & Cold Meats

Vanilla Cupcakes

Fresh Fruit  
Fresh Yoghurt of the Day

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